DIARY DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
</table>
| Mon 20 Feb | CBA Sign Up Day 9am  
Senior School Assembly 2.45pm  
Open Evening in the classrooms - Yr 1 - 5pm, Yr 2 - 5.30pm & Yr 3 - 6pm |
| Wed 22 Feb | No Foundation students at school today  
(individual testing sessions)  
Open Evening in the classrooms - Yr 4 - 5pm, Yr 5 - 5.30pm & Yr 6 - 6pm |
| Fri 24 Feb | Yr 5 Bike Day to Chelsea Bicentennial Park 9am                      |
| Mon 27 Feb | Junior School Assembly 2.45pm  
Yr 2 Incursion - Reduce, Reuse & Recycle                             |
| Wed 1 Mar  | No Foundation students at school today  
(individual testing sessions)                                         |
| Fri 3 Mar  | District Swim Meet at the Pines Pool in Frankston (selected Yrs 3 - 6 students) |
| Mon 6 Mar  | Foundation Students - First Full Time Week  
Yr 5 Excursion to VSSEC (5C & 5D)  
Senior School Assembly 2.45pm                                        |
| Tue 7 Mar  | Yr 5 Excursion to VSSEC (5A & 5B)                                      |
| Mon 13 Mar | Labour Day - Public Holiday                                           |

PRINCIPAL’S REPORT

INDONESIAN TEACHERS AS VISITORS TO OUR SCHOOL

We have been fortunate to host two teachers this week from Indonesia. Asrianto is from South Sulawesi and upon his return to Indonesia next week will be taking up a new position as Principal of a new school.

Dasril is from West Sumatra, and through his studies has been appointed to an Indonesian school in Saudi Arabia in April.

During their time at Patterson Lakes Primary School they have spent time unpacking Critical and Creative Understanding taught within our curriculum, observing and teaching the Year 4 classes.

We will be proud to host other teachers from not only Indonesia, but other countries, through our Internationalisation program.

2017 SCHOOL COUNCIL ELECTIONS

School councils comprise parents, the principal, staff and often community members. All parents or guardians of students enrolled at the school are eligible to vote for parent members, and staff vote for staff representatives. Community members may also be co-opted by the school council.

Nomination forms will be available from the office tomorrow for parents and teachers that are interested in nominating for the Patterson Lakes Primary School Council. Nominations close at 4pm on Friday 3rd March 2017.

Currently, there is a one year vacancy and 2 x two year vacancies to be filled by the parent community.

- Friday 17th February 2017: Call for nominations
  [Nomination forms will be available at the Office]
- Friday 3rd March 2017: Nominations close
- Friday 10th March 2017: Distribute ballot papers by this date, if required.
- Friday 17th March 2017: Close of ballot at 4pm and counting of votes, if required.

If you would like to discuss this role further, please do not hesitate in making a time to discuss the position or log onto http://www.education.vic.gov.au/school/parents/involve/Pages/schoolcouncilguide.aspx

INFORMATION PACKAGES

Please be advised that the Information Package will be sent home with the youngest family member today. We ask that you take the time to sit down with your child(ren) and read through all the information and policies as a lot of this information has been updated in the last 12 months.

Please note that the signing and returning of the agreement/permission forms to the school will only need to be completed for Foundation students and those students who are new to the school.
INFORMATION NIGHTS/OPEN CLASSROOM SESSIONS

The Information Night times and venues for each year level are as follows:

<table>
<thead>
<tr>
<th>Date</th>
<th>Year Level</th>
<th>Time</th>
<th>Room Number for Information Session</th>
<th>Class visit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 20th February 2017</td>
<td>Year 1</td>
<td>5.00 pm</td>
<td>Room 10</td>
<td>Families are then invited to visit their child’s classroom once their Information session has concluded.</td>
</tr>
<tr>
<td>Monday 20th February 2017</td>
<td>Year 2</td>
<td>5.30 pm</td>
<td>Room 10</td>
<td></td>
</tr>
<tr>
<td>Monday 20th February 2017</td>
<td>Year 3</td>
<td>6.00 pm</td>
<td>Room 10</td>
<td></td>
</tr>
<tr>
<td>Wednesday February 22nd 2017</td>
<td>Year 4</td>
<td>5.00 pm</td>
<td>Room 10</td>
<td>Families are then invited to visit their child’s classroom once their Information session has concluded.</td>
</tr>
<tr>
<td>Wednesday February 22nd 2017</td>
<td>Year 5</td>
<td>5.30 pm</td>
<td>Room 10</td>
<td></td>
</tr>
<tr>
<td>Wednesday February 22nd 2017</td>
<td>Year 6</td>
<td>6.00 pm</td>
<td>Room 10 (Incorporating Camp Information Session)</td>
<td></td>
</tr>
</tbody>
</table>

SCHOOL PHOTO DAY

This will be held on Thursday, 16th March. More information will be communicated to parents/carers when the order forms arrive.

STUDENT OF THE WEEK AWARDS

Congratulations to the following students who won our ‘Student of the Week’ awards for Week 3 of this term. Students will receive their certificates at their next assembly. Keep up the super work everyone!

Foundation A – Rafael M for an awesome start to the year and being a kind and caring friend.

Foundation B – Thomas NG for settling in really well during your first full week of school. You have been a superstar!

Foundation C – Frankie M for settling into school really well and becoming a valued member of the Foundation C team.

Foundation D – Indi F for a wonderful start to school. You are a valued member of our Foundation D team!

1A – Zak B for showing persistence and always having a go when solving maths problems.

1B – Joshua T for making insightful text to self connections during Independent Reading.

1C – Erin B for being a superstar class member. Well done Erin, keep up the great work!

1D – Adam K for his enthusiasm and positive attitude towards learning. A great start to the new year!

2A – Hunter T for being ready to learn every day with a smile.

2B – Tyson R for being such an enthusiastic learner. Great job Tyson!

2C – Eleanor L for frequently settling into tasks without delay. Keep up the good effort Eleanor!

2D – Charlotte C for always displaying respect and excellence in the classroom. You are a super star.

3A – Matthew W for settling in well and making a great start at Patto! Welcome to our school Matthew.

3B – Kaidan T for excellent work with his Magic Beach ocean.

3C – Deegan Brown for a fantastic start to her learning journey at Patterson Lakes Primary School.

3D – Dylan W for showing kindness and care towards others. You’re a gem Dylan!

4A – Archie L for his positive attitude and effort.

4B – Larissa K for a great start to Year 4 and for demonstrating excellent work habits. Keep it up Larissa!

4C – Madeleine L for a strong and positive start to Year 4. Well done Madeleine. Keep up the great work.

4D – Milli L for making a positive start to Year 4. Keep it up Milli!

5A – Lachlan M for a brilliant beginning to the school year. Well done for showing enthusiasm and organisation in the first weeks of Year 5.

5B – Rhys M for being persistent and having a positive attitude towards some ‘hard’ Maths. Well done Rhys!

5C – Katie T for being an outstanding role model and leader and for making a really positive first impression. Congratulations Katie.

5D – Dylan H for being enthusiastic and showing all school values. Congratulations on being voted Class Captain too. Well done!

6A – Tyler L for showing determination when completing subtraction tasks.

6B – BJ A for his fantastic Writer’s Notebook horror story. Excellent work BJ!

6C – Sheena S for making a terrific start at her new school. Welcome to Patto Sheena!

6D – Kiara E for persisting in try outs for the Aerobics team. Congratulations on making the squad this year.

SPECIALIST CLASS AWARDS for last week were:


Congratulations to these classes on their super efforts with our specialist teachers.
HAPPY BIRTHDAY

Happy Birthday to the following students who are celebrating their birthday during the next week. We hope you have a lovely day.

<table>
<thead>
<tr>
<th>NAME</th>
<th>BIRTHDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elishka C</td>
<td>16 February</td>
</tr>
<tr>
<td>Zoe M</td>
<td>16 February</td>
</tr>
<tr>
<td>Jasmine M</td>
<td>17 February</td>
</tr>
<tr>
<td>Darcy L</td>
<td>17 February</td>
</tr>
<tr>
<td>Jessica B</td>
<td>17 February</td>
</tr>
<tr>
<td>Grayden H</td>
<td>18 February</td>
</tr>
<tr>
<td>Felicity E</td>
<td>18 February</td>
</tr>
<tr>
<td>Ding D</td>
<td>18 February</td>
</tr>
<tr>
<td>Shayna B</td>
<td>18 February</td>
</tr>
<tr>
<td>Erin S</td>
<td>20 February</td>
</tr>
<tr>
<td>Jowen L</td>
<td>20 February</td>
</tr>
<tr>
<td>Eleira M</td>
<td>22 February</td>
</tr>
</tbody>
</table>

PARENT WANTED - GRAPHIC DESIGN

If you have skills in Graphic Design (or know someone), PLPS would love you to submit a logo to support our exciting student Common Values program.

InSPIRE
- In School
- Patto
- Integrity
- Respect
- Excellence

For submissions or further details please email Kim Morgan on morgan.kim.j@edumail.vic.gov.au.

SCHOOL WRITING COMPETITION

The School Writing Competition for 2017 is NOW OPEN! Calling all Australian school students in Foundation through to Grade 12.

Write a poem or short story for your chance to win $1,000 cash ($500 for you & $500 for your school)! As well as one of the AWESOME prizes below.

Enter to WIN!
- $500 Rebel Sport Gift Card
- Apple iPad Air 32GB
- Xbox One
- Playstation 4

All it takes is a burst of inspiration, a dash of creativity and a little bit of effort for great poems and stories to appear! We can’t wait to read yours!

Entry is FREE! Entries close Friday 31st March, 2017.

Enter online: www.write4fun.net
Email: admin@write4fun.net
Mail to: Po Box 2734, Nerang DC, Qld, 4211
Fax to: (07) 5574 3644

DONATION OF OLD CD’s AND DVD’s

We are currently looking for donations of old CD’s or DVD so we can continue the garden art project that was started last year.

Donations can be given to Mrs Shipham in Room 32 or brought to garden club on Mondays.

We require approximately 75 more CDs/DVDs.

Thank you!

YR 6 BOMBER JACKETS

Yr 6 Bomber Jackets will be sent home with students today to those families that have made full payment.

The office is open until 4pm today for those wishing to make payment.

Thank you!!
What a fantastic start to the Patterson Lakes Running Club. We had over 60 students participate in a fantastic morning running session. We look forward to seeing even more students bright and early at 8:10am on Tuesday mornings. New runners are always welcome. Please note that if it’s raining or if the oval is saturated then Runners Club will be cancelled.

Regards
Adrian Patane and Kelly Laughlin

There was an excellent turn out for the District Swim Trials on Monday the 13th of February. Students participated in a mix of freestyle, butterfly, backstroke and breaststroke to make the school swimming team. Teams will be finalised in the next few weeks.

The District meet will be held on March the 3rd at the Pines Pool. Thank you to all the staff who helped out back at school and at the pool, it was a big effort!

Adrian Patane
On Monday the 20th February there will be an opportunity to sign up to School Banking. This program is offered to all primary school students! This is a very exciting venture as it develops a life-long habit in financial literacy. Research suggests that when this habit is introduced at a young age, it will progress into adulthood!

Below is some information:

- Fee free account that can be opened with 5c
- The emphasis is not on how much the child deposits, but how often
- Banking day is on a Wednesday
- The school receives an initial $5 commission per child – even if a child is already a banker
- If a child already has an account, the child can bring in her/his bankbook and begin School banking without having to re-apply
- The school receives a 5% commission for each deposit and the minimum commission payment of $25 per quarter

**Application Process**

Parents will need to register and open a bank account. Parents have 2 options:-

1. Take the application form to the bank with a primary form of identification (eg license/passport) and child’s birth certificate.
2. Fill the form in at school. We will be having an application day: Monday 20th February from 9.00am to 10.30am. Parents will need identification (a driver’s license or passport)
3. If the above options are not viable there is an option on the application form that allows you to be identified via a prescribed person i.e. a Justice of the peace, nurse, pharmacist etc... Once this has been filled out you can leave the application at the front office to be passed on to Karen Johnson and again an account will be opened and returned to the school for your child.
The Dollarmites are bringing the future to your school.

Since 1993, CommBank’s School Banking program has been offering engaging ways for Australian children to learn the value of saving and develop lifelong money skills.

For our 2017 theme, a futuristic adventure is in store. Students will join the new look Dollarmites as Future Savers, making their way towards the Savings Hover Park – a fantastic playground up in the clouds of a hi-tech metropolis.

**Encouraging savings habits with great rewards**

School Banking will continue to reward children who demonstrate regular savings behaviour, and this year we’re introducing an exciting new range of reward items. Two are released every term, and available in Term 1 are the Cyber Handball and Colour Change Markers. Your child can redeem one of these reward items, while stocks last, after making 10 School Banking deposits.

Visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking) to download and print this year’s Rewards Card. On our website you’ll also find a fun activity sheet and a Savings Tracker your child can use to keep track of their School Banking deposits throughout the year.

**Dedicated savers get a chance to win a trip to Tokyo Disneyland**

The Future Savers Grand Prize competition will take one lucky student on a family trip to Tokyo, Japan. Up to two adults and three children will get tickets to explore Tokyo Disneyland and Tokyo DisneySea, including the futuristic Tomorrowland attractions. This prize includes:

- Return economy airfares from the winner’s nearest capital city to Tokyo, Japan
- Five nights’ accommodation at the Sheraton Grande Tokyo Bay Hotel
- Three-day Magic Pass to Tokyo Disneyland and Tokyo DisneySea
- AUS$1,000 spending money

To enter, your child simply has to make 15 or more School Banking deposits before the end of Term 3, 2017. This will automatically enter them into the competition for a chance to win.

Central Bayside Community Oral Health Service is currently offering dental examinations and treatment to children attending your school.

Formally the School Dental Service located at Parkdale, is now part of the Community Oral Health Service.

My child has visited the Oral Health Services (formally School Dental Service) before:
If your child/children has previously been seen by the Oral Health Services or the school dental program you will receive a letter offering you an opportunity to make an appointment when your child is due for their next check-up. In this case, no action is required.

My child has never visited the School Dental Program:
Please contact Central Bayside Oral Health Service on 8587 0350 for an appointment.

Who is eligible?

- Children and young people:
  - All children aged 0 – 12 years (fees apply for non concession card holders)
  - Young people aged 13 – 17 years who are health care or pensioner concession card holders or dependants of concession card holders
  - Children who are eligible for dental benefits under the Child Dental Benefits Scheme

Where is the service located?

Central Bayside Community Health Service
Oral Health Service
335-337 Nepean Highway
PARKDALE
Phone: 8587 0350

Entrance is off Carrier Avenue
Helping kids manage anger

Kids need to learn that anger can be expressed in ways that are not hurtful to anyone including themselves.

Managing anger is one of the biggest emotional issues that children face. Children who can learn to manage their anger have a head start on handling fears and other emotions.

Currently, our community is undecided about how to handle anger. In fact, anger is discouraged as we see no place for it in homes, schools or community. ‘Civilised people don’t get angry’ seems to be the accepted wisdom so we tend to encourage children to bottle up anger rather than let it out.

Anger needs to be managed, rather than simply avoided. Bury anger deep down and it will go away is the attitude! This doesn’t work for many children as bottled up emotions don’t always dissipate. They simmer away, eventually spilling over into physical violence or hurtful verbal abuse, which so often backfires on the angry person.

Kids need to learn that anger can be expressed in ways that are not hurtful to anyone including themselves. Here are six steps that parents can use to help kids of all ages keep their emotions under check, and respond safely when emotions run high:

1. **Understand It:** Help kids understand the events and situations that trigger angry responses. These situations will vary, but may include, playing rough games, not getting their own way and being teased by others. Help kids to reflect on the events that trigger a ‘woebie’, so they can take preventative measures. This type of self-knowledge is really helpful for older primary school children and teenagers.

2. **Name It:** Help them recognise the physical signs of anger, such as clenched fists and teeth, tension around their shoulders and heavy breathing. Then assist them to develop a vocabulary around anger. “Mad as a snake”, “about to lose it”, “throwing a tantr” are just a few. Children can probably generate more. Naming emotions promotes good emotional literacy in kids.

3. **Diffuse It:** You need some strategies to diffuse anger and bring down emotional levels in kids. Distraction and time out can be effective for toddlers with short fuses, and even shorter attention spans. For older children, parents should use diplomacy rather than discipline. You may need to give some kids some space on their own before attempting to talk. Listening to their story, validating their right to be mad and focusing on feelings are some ways to diffuse anger. Sometimes knowing that someone else knows how you feel is enough to make anger go away.

4. **Choose It:** Help children understand that they do have a choice about how they respond to their anger. They may feel like lashing out, but they don’t have to get physical or verbally aggressive when they get angry. Let kids know in clear terms that slamming doors, throwing things and refusing to cooperate are the wrong ways to display anger. Help them understand that while you are on their side, as they mature they need to choose socially acceptable ways of handling anger.

5. **Say It:** Encourage children to express how they feel verbally, rather than by bottle things up or become aggressive. The use of I statements is one way of letting others know how they feel. “I feel really mad when you say nasty things to me. I really don’t like it!” is one way of being heard and letting the anger out.

6. **Let It out safely:** Boys, in particular, need physical outlets for pent up anger. They may go for a run, belt a pillow or play a physical game to let their frustration out. Some kids may even pour their anger into a letter, some work on a productive activity.

Parents need to role model healthy anger management so children see firsthand how adults handle anger in mature ways. That means parents take time to listen to each other, talk things through and find healthy physical ways to let off steam when you feel yourself getting to boiling point.

The maxim for families who want to learn to manage anger in healthy ways should be: “There is nothing so bad that we can’t talk about it.” However, there are behaviours that are not acceptable.

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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au

PO Box 167 Balnarring VIC 3926 P. 03 5983 1798 F. 03 5983 1722 E. office@parentingideas.com.au

Patterson Lakes Netball Club - New Players for U11’s
Currently looking to recruit players (girls) born in 2007 to join a new U11 netball team. Training sessions Tues 4.30 - 5.30pm. Games Saturday mornings at the Chelsea Netball Association courts. For details phone Kimberley on 0419 591 958.

Edithvale Netball Club - New Players for U11’s
Edithvale Netball Club are looking for girls/boys born 2007 to join a team. Training is Monday at 4pm-5pm. Games are Saturday morning’s at Chelsea Netball Courts. Please call Sam McGuire on 0434 894 890 if you are interested.

Bricks4Kidz - After School Classes building with LEGO (R)
Patterson Lakes Community Centre. Thursday 4.30pm - 5.30pm - $15 per class. Please contact Bindy Cammell on 0400 125 714 for further details.

Chelsea Basketball Aussie Hoops
Aussie Hoops held at Bonbeach Stadium, Cannes Avenue Bonbeach. $60 for the term and each child receives a basketball pack. Call Peter Caspersz on 9776 1895 for further details.

Chelsea Junior Football Club 2017 Registration Day
Sunday 19th February from 10.30am - 2pm. All players from U9’s to U17’s are welcome. There will be dedicated girls teams for U12’s and U15’s. For further enquiries phone Tanya Boyd on 0408 588 477 or registrar@chelseajfc.com.au.

Springvale Indoor Sports - Indoor Soccer
Offering Indoor Soccer for all ages. No need to worry about Melbourne’s unpredictable weather. For further details visit www.springvaleindoorsports.com.au/junior-sports or call 9547 2555. 546 Springvale Road, Springvale South

7th Isabella and Marcus Fund - Classic Car Day
All proceeds go to research Brain Tumours in children - Public entry, gold coin donation. All Cars welcome. Sunday 5th March 2017, 10am - 3pm (gates open 8.30am) at Bicentennial Park in Chelsea. For more information email: info@isabellaAndMarcusFund.org.au

Leawarra Calisthenic Club - Fun, Fitness and Friendship
Make new friends, be part of a team and enjoy one class which includes dancing, gymnastics, marching, singing, rod and club swinging! Classes for all age groups. Email for more information or check out our website. First 2 classes are free to try with no commitment.

Community based club located at 44 Peninsula Blvd Seaford 3198