



PATTERSON LAKES PRIMARY SCHOOL

No. 5190

Gladesville Boulevard Patterson Lakes 3197

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P.O. Box 330, Patterson Lakes, 3197

Principal: Carole Mayes

Website: <http://www.patterson-lakes-ps.vic.edu.au>



NUMBER 18 – 15 JUNE 2017

DIARY DATES

Friday 16 June	School Aerobics Team - celebration hot chips lunch in the school hall foyer 11.30am School Disco Foundation - Yr 2 (5.30pm - 6.45pm) Yr 3 - Yr 6 (7.30pm - 9.00pm)
Monday 19 June	Yr 2 Swimming Program at PARC
Tuesday 20 June	Yr 2 Swimming Program at PARC
Wednesday 21 June	Yr 2 Swimming Program at PARC
Thursday 22 June	Yr 2 Swimming Program at PARC
Friday 23 June	Yr 2 Swimming Program at PARC
Monday 26 June	Reports sent home
Wednesday 28 June	Parent Teacher Meetings 2.30pm - 7pm Whole School Assembly 2.50pm
Friday 30 June	Last Day of Term 2 - 2.30pm dismissal CSEF Applications Close
Monday 17 July	First Day of Term 3 - 9am

ASSISTANT PRINCIPAL'S REPORT



STUDENT OF THE WEEK AWARDS

Congratulations to the following students who won our 'Student of the Week' awards for Week 9 of this term. Students will receive their certificates at their next assembly. Keep up the fabulous work everyone!

Foundation A – Jasmine M for working hard at home and at school to learn the letter names and sounds. Awesome work Jasmine!

Foundation C – Coral C for her wonderful effort sounding out words in her writing. Keep up your hard work, Coral!

Foundation D – Libby P for a wonderful effort in the classroom. You always try your best!

1B – Alicia B for being a super classroom helper. Thanks Alicia!

1C – Alexander W for being so organised at swimming. Well done, Alexander.

1D – Amelia G for producing some wonderful writing and working hard to improve her bookwork and letter formation. Terrific effort, Amelia. Keep it up!

2A – Audrey D for being a keen and enthusiastic learner everyday.

2C – Amelia H for taking a keen interest in her learning and always being on task. Good job, Amelia!

3D – Emily N for showing the school values of Integrity, Respect and Excellence in all that she does. You're a wonderful young lady Emily!

4A – Olivia S for her positive and consistent approach to school activities.

4D – Diing D for attempting all new mathematical tasks with a positive attitude.

5A – Kallum O for his consistently excellent levels of effort and participation in all areas of school. Keep up the great work, Kallum.

5C – Jordan S for making terrific choices and for achieving some great academic results in literacy and numeracy and for his strong performance at the Cross Country. Well done, Jordan.

5D – Nathalie B for being a part of 5D for this semester. We loved your funny little acts and keeping us entertained. Good luck and all the best for the future!

6B – Michael I for being an outstanding leader and role model. Keep up the wonderful work, Michael!

ASSISTANT PRINCIPAL'S REPORT

PARENT TEACHER ONLINE (PTO)

A notice regarding the Parent Teacher Online bookings will be sent home with the youngest member of your family today. Attached to the notice is your family login and pin number to access bookings, which open next Wednesday, 21st June at 6pm for the Parent Teacher Meetings on Wednesday, 28th June. Student reports for mid year will be sent home on Monday, 26th June.

PUNCTUALITY - LATE ARRIVALS

Over the past couple of weeks there has been a significant increase in the number of students arriving at school after 9am. This causes disruptions for the classroom teachers and can be sometimes be embarrassing for the students who are consistently late. Please ensure that your children are at school on time. A good time to aim for is 8:50am so the children are ready to line up with their class.

BIRTHDAYS

Happy Birthday to the following students who are celebrating their birthday during the next week. We hope you have a lovely day.



NAME	BIRTHDAY
Kyen L	15 June
Rhys M	15 June
Ryan H	16 June
Ashlee C	17 June
Riley D	17 June
Larissa K	17 June
Emma L	20 June

WORKING WITH CHILDREN CHECKS



Working with
Children Check

Many of the opportunities we provide our students at PLPS could not go ahead without the wonderful help from parents.

We often require parent helpers for school sporting events, excursions, fundraising events and classroom programs. If you wish to help out at PLPS you will be required to register your Working with Children Check (WWCC) at the School Office.

Please note there are no fees for a Volunteer WWCC.

For more information visit:

www.workingwithchildren.vic.gov.au

STUDENT ALLERGIES



A timely reminder to all parents and carers that we have numerous students at this school with life threatening allergies to certain foods. Letters are sent home informing parents of students who have a child in their class suffering with a life threatening allergy, outlining what the allergies are.

One of the main concerns in our school is allergies to nuts and this year we have many students with life threatening allergies to various nuts, especially hazelnuts and peanuts.

Given that one of the main ingredients in Nutella is hazelnuts and in Peanut Butter is peanuts, I ask parents/carers to be very mindful of this when packing your children's lunch and ask you to avoid sending nut based foods to school. We also ask that you educate your child(ren) with regard to not swapping food with other children at school, encouraging safe habits.

Regards,

Rachael Grady - First Aid Officer



OFFICE NEWS - FAMILY ACCOUNTS



Family School Accounts

**2nd instalments were due
Friday 21st April**

If you have missed paying your first instalment or have trouble paying your second instalment, please call Monique Hunt on 9772 4011 as soon as possible to make payment arrangements.

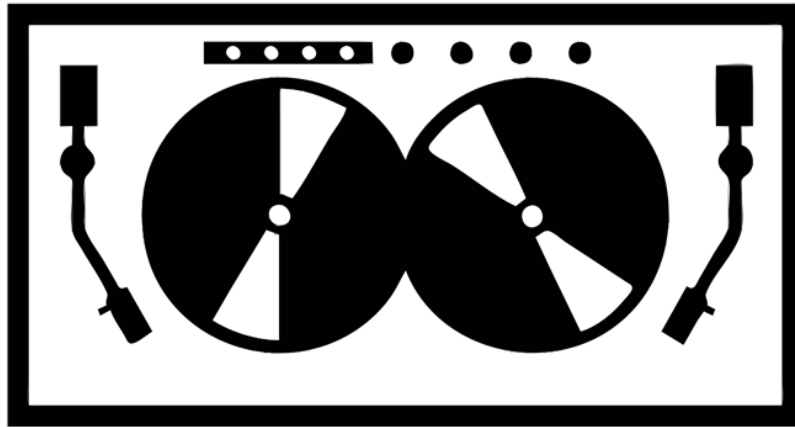
BPAY is the school's preferred payment option.

Thankyou!

PATTERSON LAKES

PRIMARY SCHOOL

DISCO



Senior School Disco Song Request!

You can request a song by going to

www.kidsdiscos.com.au

Select "Request a Song"

and fill in your details and song to have a chance at winning a prize on the night!

Senior School Disco only.

Ask your parents' permission

Introducing Akansha Ashokand - our new World Vision Sponsor Child



My name is Akansha Ashokand. I am 6 years old. I was born on 20 August 2010.

I live in 'North West Delhi Project', in India.

WORLD VISION WEDNESDAY

A few years ago we had a fundraiser to make money for the school. We did this by collecting 5 cent pieces every Friday. This time we are asking the students to donate 'their silver' for a charity that many of our students voted for; a charity called "World Vision." World Vision is a charity that helps over 100 countries fight poverty. If you would like your child(ren) to be involved, please send them with silver coins each Wednesday and our Junior School Councillors will come around to the classrooms and collect them.

We are proud to introduce our new sponsor child, Akansha Ashokand from North West Delhi, India.

This is an industrial area of New Delhi. The climate varies and about 42,000 people live here. Most people earn low incomes working in factories or as housemaids or rickshaw pullers. Child nutrition is poor as families cannot afford good quality food. Lack of clean water and open drains lead to the spread of diseases. Many children miss out on school to fetch water and help earn family income by collecting recyclables on the streets. Child trafficking is a problem. Disabled children in the area have limited educational opportunities.





UNDERSTANDING HOW A CHILD'S TEMPERAMENT AFFECTS BEHAVIOUR

It is surprising how different children can be, even children from the same family, and most parents know that children are different from birth. Their personalities, likes and dislikes, and the ways they approach and react to situations, may vary a lot. These kinds of differences are known as temperaments. Temperaments influence a child's behaviour and the way they react to others.

Different temperament patterns

Children's temperament patterns are usually noticed very early by parents and carers, often from birth, and are present in children over time and in different situations. For example, some babies sleep well and seem to have an easy-going nature, whereas others can be difficult to settle. Some young children like to explore new places and meet new people, while others appear shy and can take a long time to get used to new situations. These kinds of differences in temperament can mean that parenting strategies that worked well with one child may not work so well with another. Understanding temperament can help parents and carers develop better understanding of children's individual differences and learn how children express their preferences, desires and feelings appropriately.

Researchers have found that the main factors contributing to different temperaments include:

- how strongly children react to people and events (e.g. getting angry or upset quickly and easily)
- how easily children approach new people or new situations
- how well children can control their attention, emotions and behaviour

Children who are more naturally calm, open to new experiences and easy to get along with are easier to parent. Children who are highly reactive and shy often have difficulty with managing fears and worries. This may place more demands on parents and carers for support. Children who are highly reactive and have trouble managing frustration may show this through impulsive or challenging behaviour. These children are often more difficult for parents and carers to manage. Not all children's temperaments fall neatly into one of the three types described, but they can help explain some of the difficulties children face and how different parenting styles can help.

How parents and carers can help

Adapting your parenting style to match your child's temperament helps to support their social and emotional development and builds your relationship. Adults can learn to anticipate issues before they occur and avoid frustrating themselves and the child by using approaches that do not match his or her temperament. The goal isn't to change your child's temperament, but to help them make the most of their unique temperament - both their strengths and the areas where they may need more support.

Here are some suggestions and examples:

- **Observe how your child responds** in a range of situations to get a clear picture of how well she manages emotions and what triggers difficult reactions.
- **Find out what it's like for your child.** Talk about your observations and get your child's input, for example, "You seemed to get really nervous when your friend asked you to come over to play. What was worrying you?"
- **Communicate caring and warmth** (e.g. by showing you understand your child's point of view). This supports children who feel anxious and reduces negative reactions in children whose behaviour is challenging.
- **Take opportunities to educate** others about your child and their temperament. For example, a father explains to his aunt, who is not getting the warm reaction she wants from her niece, "Sophie, like a lot of other kids, needs time to adjust to new people." Dad then hands her Sophie's favourite book, helping his aunt learn to approach Sophie slowly.
- **For children who are shy**, avoid being overprotective. Provide support through helping them find strategies for managing fears and worries.
- **For children whose behaviour is challenging**, use clear and consistent limit setting rather than harsh punishment. Spell out any consequences in advance and make sure that your discipline strategy is fair and is geared to encouraging appropriate behaviour.
- **Be aware of the similarities and differences** between your own temperament and your child's. Adapting your parenting style to suit your child's temperament can help to improve relationships and behaviour, and don't forget to look for and highlight your child's strengths.

COMMUNITY NEWS

Springvale Indoor Sports - Space Jump & Soccer Training

Space Jump is open every day of the school holidays 10am - 4pm. Entry is \$7 (includes free dodgem session upon arrival). Also Junior Soccer training Tues - Fri 10am - 12.30pm \$15 per child (5 yrs - 10 yrs). For more information call 9547 2555.

Patterson Lakes Community Centre

For more details on Patterson Lakes Community Centres Activity Program for 2017, please contact the office 9772 8588 or visit www.patlakescc.net.au.

Chelsea Gulls School Holiday Junior Basketball Camp

Chelsea Basketball Stadium, Chelsea. 3rd, 4th, 5th & 6th July and 10th, 11th, 12th, & 13th July. U12/14's boys & girls) 10am - 12.30pm and U16/18's boys & girls, 1pm - 3.30pm. \$25 per day/\$80 for 4 days or \$170 for both weeks. Contact Peter on 9776 1895 or email manager@chelseabasketball.com.au for bookings.



Romano's by the Harbour
Patterson Lakes newest and most modern waterfront venue, boasting a beautiful alfresco deck overlooking the Harbour.


KIDS EAT FREE FRIDAYS EVERY FRIDAY NIGHT

Join us at the end of the working week for dinner & the children eat from our fantastic 'littlepeeps' 2 course menu free. Enjoy a glass of wine as the children enjoy some time in our kids corner playing

Book NOW 9772 0331

Romano's by the Harbour Shop 1, 21 Thompsons Road Patterson Lakes 9772 0331

Classes Available:
Classical
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Boys Hip Hop
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Fairy Dance
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DEPAS

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Shop 16, Harbour Plaza, 21 Thompson Road, Patterson Lakes 3197

COMMUNITY NEWS



Chace Leigh Counselling Services

Join interactive, informative & innovative all girl groups to learn skills to combat and cope with issues that affect you. Chace Leigh offers fortnightly counselling sessions on Tuesday's or Wednesday's for girls aged 8-11, 12- 15 & 16 +. Initial parental consultation \$50.00. Concession rates apply for card holders.

Sessions look at combating and managing:

Self esteem Anxiety Panic attacks
Depression Bullying Stress
Social situations Self acceptance
Anger issues Family dynamics
Body issues Friendships
School related issues
Belonging Overall wellbeing



Chace Leigh Counselling Services
ABN: 89306114852

SHELLY BIEMANS: Counsellor
AdvDipCounsPsych- AdvDipHCouns
ACCA Qualified Member (AQM): VACCA084
chaceleighcounselling@chaceleighcounselling.com.au
Business number: 9772 5945
Mobile number: 0407 090 131



Belle Cose Clothing & Giftware

Address: Harbour Plaza Shopping Centre
12/21 Thompson Road, Patterson Lakes, VIC
Facebook: Bellecose Clothing and Giftware
Instagram: @bellecoseclothingandgiftware
!! Spend \$200 & Receive 10% Off !!
(For both on-line and in-store purchases.)

hair etiquette by Kirra
PATTERSON LAKES
We welcome you to our new salon
\$15 off your next service
Shop 17, Harbour Plaza, 21 Thompson Road, Patterson Lakes
Ph. 9773 3755
"Beautiful hair on the waterfront"

Valid to 30/8/17. One voucher per client. Excludes children's services
Cannot be used with any other offer

KARATE

Karate Classes
Free uniform!!
Patterson Lakes Primary School
130 Gladesville Boulevard, Patterson Lakes
From ages 7 to adults - Wednesdays
Juniors: 6:30pm till 7:30pm
Teens and Adults: 7:30pm to 8:45pm
Phone: 9887 4098 or 0412 163 324
Lion Bushido Karate Academy

COMMUNITY NEWS



Moonlit Sanctuary
the best way to see Aussie animals

MOONLIT SANCTUARY KEEPER CLUB

Kids enjoy environmental activities, animal encounters and native animal care.

Day includes: interactions with dingo, python, off-limits animals, feeding animals & food prep, animal enrichment activities. Learn about our animals, their conservation and the environment. For ages 7-14 years.

July 2017 school holiday dates (10am—4pm):

Week 1: Monday 3th Tuesday 4th Wednesday 5th Thursday 6th Friday 7th

Week 2: Monday 10th Tuesday 11th Wednesday 12th Thursday 13th Friday 14th

Cost: \$70.00 per day, or \$189 for 3 days (pro rata for additional days).

Maximum 16 children per day.

Bookings essential as spaces are limited

Dress for the weather and wear closed-toe shoes, long pants and remember your hat or raincoat. BYO lunch or purchase at the café.

Moonlit Sanctuary

550 Tyabb-Tooradin Rd, Pearcedale, Phone 5978 7935

Web: www.moonlitsanctuary.com.au. Open daily between 10am and 5pm



MUNCH MONITOR ONLINE LUNCH ORDERS



Lunch Orders are available online on Monday, Thursday and Friday.

How do I set up an account to order online:

Go to: www.munchmonitor.com

Click LOGIN then REGISTER

Enter School Id: plps and Password: munch3197

Then follow the 4 easy steps to create your account:

STEP 1: Create a Parent Profile by entering information about yourself.

STEP 2: Add your Students to your account.

STEP3: Transfer money to your account by clicking the Account Top-up button

STEP4: Click MY ORDERS and you're ready to Order lunches!

Orders can be cancelled on the day as late as 8.30am and should you have any concerns with your lunch order, please call Bellbrook Catering direct on Ph: 9796 5888.