NUMBER 1 – 2 February 2017

DIARY DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 3 Feb</td>
<td>First Full Day for Foundation Students Tea and Tissues Morning Tea for our Foundation Parents/Guardians - see attached for details</td>
</tr>
<tr>
<td>Monday 6 Feb</td>
<td>No School Assembly today Yrs 3 - 6 Swimming Carnival at the Pines Forest Swimming Centre - see below for further details.</td>
</tr>
<tr>
<td>Wed 8 Feb</td>
<td>No Foundation students at school today (individual testing sessions) Yr 4 Getting To Know You Excursion to Roy Dore Reserve 10.45am</td>
</tr>
<tr>
<td>Monday 13 Feb</td>
<td>Whole School Assembly 2.45pm</td>
</tr>
<tr>
<td>Tues 14 Feb</td>
<td>Yr 3 Getting To Know You Excursion to Roy Dore Reserve 9am</td>
</tr>
<tr>
<td>Wed 15 Feb</td>
<td>No Foundation students at school today (individual testing sessions)</td>
</tr>
<tr>
<td>Mon 20 Feb</td>
<td>Commonwealth Bank Sign Up Day 9am and 2.45pm Senior School Assembly 2.45pm</td>
</tr>
<tr>
<td>Wed 22 Feb</td>
<td>No Foundation students at school today (individual testing sessions)</td>
</tr>
<tr>
<td>Friday 24 Feb</td>
<td>Yr 5 Bike Day to Chelsea Bicentennial Park 9am</td>
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</tbody>
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PRINCIPAL’S REPORT

STAFFING
We welcome Naomi Wiseman and Megan Sinclair to the team at Patterson Lakes Primary School and are pleased to welcome back, Lisa Clark, Abbie Krieger, Amber Ryan and Colette Williams.

TIMETABLE CHANGE
For 2017 there has been a modification to the timetable. We have 6 x 50 minute learning blocks each day.

Families are encouraged where possible, to make appointments for their child before and after school, but often this is impracticable. Below are the breaks for children within their learning schedule, to support parents when collecting their child to avoid interruptions to the learning and teaching program.

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>Lunch Eating: 11.30am - 11.40am</td>
</tr>
<tr>
<td>Lunch Play: 11.40 am - 12.30pm</td>
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<tr>
<td>Recess: 2.10pm - 2.40pm</td>
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PARKING REMINDERS
I have listed a few reminders in relation to parking in or around the school.

Staff Car Park: Parent parking is not permitted within the school grounds unless for Out of School Hours Care or picking up a sick child. There is a drop off zone for parents to use every morning, however, the car park gate is locked at 2.40pm to minimise traffic flow and safeguard our students. Please comply and seek parking outside of the school premises.

2 Minute Parking Zone: The 2 minute zone in Gladesville Boulevard is not a 10 minute zone. A larger number of parents get frustrated by a handful of parents that do not believe the 2 minute zone applies to them.

Coles Car Park: The Coles car park is also a concern with parents using the rear entrance to the school as a drop off zone. Parents need to park their cars correctly and walk their children into the school.

Community Centre Car Park: Similar to Coles, parents need to park their cars correctly and walk their children into the school.

CHANGE OF BELL TIMES
Please note that there has been a change to the bell times for the commencement of 2017. The new times are:

<table>
<thead>
<tr>
<th>Period 1</th>
<th>Period 2</th>
<th>Period 3</th>
<th>Eating</th>
<th>LUNCH</th>
<th>Period 4</th>
<th>Period 5</th>
<th>Recess</th>
<th>Period 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00am -</td>
<td>9.50am -</td>
<td>10.40am</td>
<td>11.30am</td>
<td>11.30am</td>
<td>12.30pm</td>
<td>1.20pm</td>
<td>2.10pm</td>
<td>2.40pm</td>
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<tr>
<td>9.50am</td>
<td>10.40am</td>
<td>11.30am</td>
<td>11.40am</td>
<td>12.30pm</td>
<td>1.20pm</td>
<td>2.10pm</td>
<td>2.40pm</td>
<td>3.30pm</td>
</tr>
</tbody>
</table>
UNIFORM

It was lovely to see everyone in their full school uniform for the new school year! Patterson Lakes Primary School is a Sunsmart school and we have a ‘no hat - no play’ policy.

The school broad brimmed hat is available for purchase from our uniform shop. There is an extensive amount of jumpers left in the lost property area from last year. I would encourage all families to check this area prior to purchasing a new jumper. Please remember that children are encouraged to wear their School House polo colours each Friday.

2017 SCHOOL LEADERSHIP POSITIONS

At last year’s final assembly, the following students were announced as our 2017 school leaders. The entire staff wish them every success in their new leadership roles.

SCHOOL CAPTAINS
Eden T and Camdyn H

JUNIOR SCHOOL COUNCILLORS

Gladesville Gladiators House Captains
Jowen L-S, Michael I, Charli M, Jae P

Thompson Tornadoes House Captains
Ryan G, Jet D, Amarli M, Jasmine M

Wells Wildcats House Captains
Ben S, Archer M, Steffani S, Taylor J

McLeod Mustangs House Captains
BJ A, Jessica A, Lexie A, Ruby K

ENVIRONMENT LEADERS - Dolphin Research Ambassadors
Cameron C, Keira S, Madison S, Sarah B

ASSISTANT PRINCIPAL’S REPORT

SUPERVISION OF STUDENTS

Just a reminder to all parents that teachers are officially on yard duty before school from 8.45 – 9.00am and after school from 3.30 - 3.45pm. A bell is sounded at 3.45pm to ensure that students that have not been collected by parents report to the office.

For new parents to our school, the following procedures have been implemented in relation to student safety and children arriving at school well before 8.30am.

Contact will be made with parents informing them that staff are not officially on yard duty until 8.45am.

Parents will be asked if they can find other alternatives for morning supervision.

If there are no other supervision alternatives, parents will be provided with an enrolment form for Before School Care.

PUNCTUALITY

The school seeks the cooperation of parents to ensure that children arrive at school no later than 8.50am to enable classes to commence on time and without interruption. Our data indicates that there has been an increase in upper school lateness without good cause. If students arrive after 9.00am they miss important introductions and instructions to learning sessions. This disadvantages the student who is late, and also impacts negatively on the other students and the teaching time for the whole class as the teacher often needs to stop teaching to re-explain instructions to the late member of the class.

Students who are late are required to go to the office and obtain a late pass before proceeding to class. If students are required to leave school early, parents are to sign an early leave pass at the office.

VALUABLES AT SCHOOL

The Department of Education and Training [DET] does not hold insurance for personal items nor does it accept responsibility for those items brought to school by students, staff and visitors.

STUDENT ABSENCE BY TELEPHONE OR EMAIL

The office encourages parents and carers to leave a message on the Absence Line [Press 1] when your child is going to be absent from school or to send an email to the school email address patterson.lakes.ps@edumail.vic.gov.au

WATER BOTTLES IN CLASSROOMS

Students are encouraged to bring water bottles to use in their classrooms during class time. Research informs us that children usually do not drink enough water during hot weather. This can sometimes result in dehydration. Headaches, bad behaviour and sleepiness are all associated with dehydration. Bottles should contain water only.
HAPPY BIRTHDAY

Happy Birthday to the following students who are celebrating their birthday during the next week. We hope you have a lovely day.

<table>
<thead>
<tr>
<th>NAME</th>
<th>BIRTHDAY</th>
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<tbody>
<tr>
<td>Ava W</td>
<td>2 February</td>
</tr>
<tr>
<td>Yagiz Y</td>
<td>2 February</td>
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<tr>
<td>Alexander M</td>
<td>2 February</td>
</tr>
<tr>
<td>Charli M</td>
<td>2 February</td>
</tr>
<tr>
<td>Ruby K</td>
<td>4 February</td>
</tr>
<tr>
<td>Bronte H</td>
<td>4 February</td>
</tr>
<tr>
<td>Audrey B</td>
<td>4 February</td>
</tr>
<tr>
<td>Nolwenn C</td>
<td>5 February</td>
</tr>
<tr>
<td>Serafina M</td>
<td>5 February</td>
</tr>
<tr>
<td>Luke J</td>
<td>6 February</td>
</tr>
<tr>
<td>Sienna S</td>
<td>6 February</td>
</tr>
<tr>
<td>Jett S</td>
<td>6 February</td>
</tr>
<tr>
<td>Lachlan S</td>
<td>7 February</td>
</tr>
<tr>
<td>Tarkan G</td>
<td>7 February</td>
</tr>
<tr>
<td>Juno B</td>
<td>8 February</td>
</tr>
<tr>
<td>Sahara J</td>
<td>8 February</td>
</tr>
<tr>
<td>Jack O</td>
<td>8 February</td>
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</tbody>
</table>

JEWELLERY

Jewellery [other than studs and sleepers] and make up should not be worn at school. This policy reduces health problems, peer group competition and in the case of jewellery, the chance of losing a valuable item or causing an accident. Earrings should be of the ‘sleeper’ or ‘stud’ type. In some activities, Workplace Health and Safety Regulations may require sleepers to be covered by tape or the removal of all jewellery.

BIKE SAFETY

Bikes must be walked in the school grounds after 8.30am and before 4.00pm. This ensures the safety of all students and adults. Students who disregard this safety guideline will not be permitted to ride their bike for the remainder of the school term. The use of other forms of wheeled transport, i.e. skateboards, scooters, rollerblades continue to be banned as a mode of transport by students to and from school. School Council discourages students below Year 3 from riding their bikes to and from school, unless under the supervision of an adult. Did you know that there is a $185 fine for not wearing a helmet?

FOUNDATION “TEA AND TISSUES” MORNING

All Foundation Parents and Guardians

Please come to our ‘Tea and Tissues’ morning.
It is a great way to meet other families and begin the friendships that can last a lifetime.

When: Friday February 3rd 2017
(The first full day at school)
Where: In the foyer of the school hall.
Time: 9am – 10am

IMPORTANT MESSAGE: Please ensure when placing a lunch order that you change your child’s grade to the current year (2017) and not use last year’s grade.

Lunch Orders are available online on Monday, Thursday and Friday.

How do I set up an account to order online:

Go to: www.munchmonitor.com
Click LOGIN then REGISTER
Enter School Id: plps and Password: munch3197
Then follow the 4 easy steps to create your account:

STEP 1: Create a Parent Profile by entering information about yourself.
STEP 2: Add your Students to your account.
STEP 3: Transfer money to your account by clicking the Account Top-up button
STEP 4: Click MY ORDERS and you’re ready to Order lunches!

Orders can be cancelled on the day as late as 8.30am and should you have any concerns with your lunch order, please call Bellbrook Catering direct on 9796 5888.
A timely reminder to all parents and carers that we have numerous students at this school with life threatening allergies to certain foods. Letters were sent home yesterday informing parents of students who have children in their class suffering with life threatening allergies and what the allergens are.

One of the main concerns in our school is allergies to nuts and this year we have many students with life threatening allergies to various nuts, especially hazelnuts and peanuts.

Given that one of the main ingredients in Nutella is hazelnuts and in Peanut Butter is peanuts, we ask parents/carers to be very mindful of this when packing your children’s lunch and to avoid sending peanut based foods to school. We also ask that you educate your child(ren) with regard to not sharing and swapping food with other children at school, encouraging safe habits.

This year we also have an increase in allergies to egg. Generally foods containing eggs are okay, for example cakes and cupcakes. But if you have a student in your child’s class that has allergies to eggs, we ask that you refrain from bringing cooked eggs into the classroom.

If you have any questions or concerns with either your child's allergies or another students allergies, please feel free to come and see me.

Kind Regards,
Rachael Grady - First Aid Officer

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Gastro is a very common illness caused by infection and inflammation of the gut. It causes diarrhoea, and sometimes loss of appetite, vomiting and fever. Gastroenteritis means inflammation of the stomach and intestine.

**Symptoms**

These can include the following:

- diarrhoea (runny, watery poos)
- abdominal cramps
- nausea
- vomiting
- loss of appetite
- sometimes fever

**Course and Duration**

Gastro usually lasts 24 - 48 hours depending on what is causing it. However, some forms of gastro, i.e. rotavirus and norovirus (which can cause particularly severe illness especially in infants and young children) may last about a week.

**Prevention**

The best way to prevent gastro is to avoid becoming infected in the first place, so make sure your children (and you):

- wash hands after going to the toilet
- wash hands before eating a meal or before preparing any food

*If your child(ren) are displaying any symptoms of/or if they have contracted Gastro, please keep them home for at least 24 hours after they have stopped exhibiting symptoms. This will ensure they are well enough to return to school, as well as limiting the spread of Gastro.*

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Food Allergies

A timely reminder to all parents and carers that we have numerous students at this school with life threatening allergies to certain foods. Letters were sent home yesterday informing parents of students who have children in their class suffering with life threatening allergies and what the allergens are.

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Kind Regards,
Rachael Grady - First Aid Officer
PLPS 2017 Swimming Carnival (Years 3 - 6)

Thank you to those parents who have offered to help out on the day.
We now have enough helpers.

Students in Years 3 - 6 will be participating in the 2017 Swimming Carnival at Pines Pool in Frankston North on Monday February 6th 2017.

Buses will leave school at approximately 9.10am and return at approximately 3.00pm for a normal 3.30pm dismissal.

Students are to wear their house polo shirts with their bathers underneath and bring the following:

- Towel
- Hat
- Sunscreen
- Goggles
- Lunch and snacks
- Large drink bottle
- Change of underwear
- Plastic bag for wet clothes and towel
- Waterproof jacket (if wet weather is forecasted).
- Optional money for canteen ($5 max)

Students will be provided with a house coloured swimming cap to compete in as they arrive. Please provide warm clothing for your child as the weather forecast for Monday is cool.

Pines Pool is a 50m outdoor pool. Students will be able to compete in the following 50m events:

**Freestyle, Breaststroke, Backstroke and Butterfly.** Students who are not confident to participate in a 50m event will have the chance to participate in a ‘novelty races’ with the assistance of school staff in the pool. The waterslide will also be opened this year for students to use.

When students are not competing or participating in novelty races they are expected to sit under the shade cloth area and be wearing their house polo shirts and hats at all times.

Students will compete in their age groups. If students are turning 11 in 2017 they are in the 11 year old age group and so on. Our school’s District Swimming Team will be selected using the results from this carnival and announced at school during the following week.

The District Swimming Carnival will be held on **Friday 3rd March** at Pines Pool.

If you have any questions, please contact Mrs Laughlin or Mr Patane
Central Bayside Community Oral Health Service is currently offering dental examinations and treatment to children attending your school.

Formally the School Dental Service located at Parkdale, is now part of the Community Oral Health Service.

**My child has visited the Oral Health Services (formally School Dental Service) before:**
If your child/children has previously been seen by the Oral Health Services or the school dental program you will receive a letter offering you an opportunity to make an appointment when your child is due for their next check-up. In this case, no action is required.

**My child has never visited the School Dental Program:**
Please contact Central Bayside Oral Health Service on 8587 0350 for an appointment.

**Who is eligible?**

- Children and young people:
  - All children aged 0 – 12 years (fees apply for non concession card holders)
  - Young people aged 13 – 17 years who are health care or pensioner concession card holders or dependants of concession card holders
  - **Children who are eligible for dental benefits under the Child Dental Benefits Scheme**

**Where is the service located?**

Central Bayside Community Health Service  
Oral Health Service  
335-337 Nepean Highway  
PARKDALE  
Phone: 8587 0350  
**Entrance is off Carrier Avenue**
Positive parent participation demonstrates to children that you value learning and their school in particular. Children copy many of their parents' views so your positive attitude to school and learning is catching.

Parental withdrawal from children's education is a big problem these days as increasingly parents are worn out from working too hard or being involved in a variety of activities.

But the message for parents is clear – become involved in as many aspects as practical in your child’s education. Their chances of success are better when kids see school as an extension of home rather than merely an institution for learning.

Positive parent participation demonstrates to children that you value learning and their school in particular. Children copy many of their parents’ views so your positive attitude to school and learning is catching.

Make the most of the opportunities that schools offer to assist in the classroom including, hearing kids read, taking small groups in elective activities and assisting children when writing stories.

Parent participation is much broader than helping out in the classroom. Hearing young learners read, helping with homework and making sure kids go off to school happy, healthy and with plenty of sleep are important aids to learning.

Here are some more ideas to help you participate in your child’s education in positive ways:

- **Make sure your kids start each day well.** That means they should get a good night’s sleep, have a healthy breakfast and arrive at school on time with all their learning requirements as well as a healthy lunch.

- **Attend school activities** such as open days, concerts, parent evenings, sports events and celebrations. Read the school newsletter and other forms of communication so you can stay in the loop with what’s happening at your child’s school.

- **Consult with your child’s teacher** about homework expectations and practical ways that you can assist both at home and at school. Each teacher has his or her own expectations about how you can help so make sure you work within their guidelines.

- **Find out what your school is trying to achieve for your child and show your support for its aims.** Support a broad, balanced curriculum that offers children a variety of educational experiences rather than a program that focuses narrowly on the traditional 3 R’s. School discipline is always more effective when it's supported by parents so be supportive of their attempts to promote good behaviour in your child.

- **Direct any problems or constructive criticism through the correct channels** such as your child’s teacher, the principal or the school’s governing body. Gossip or thoughtless criticism within the general community can easily tarnish a school’s reputation.

- **Become an advocate** for your child’s school and promote its positive features throughout the wider community. Encourage your child to take pride in their school through your example.

Positive parent participation in school and learning is a proven criterion for student success. One practical way to assist your child as a learner is to become actively involved in his or her school-life.

Published by Michael Grose Presentations. All rights reserved. For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au
Patterson Lakes Netball Club - New Players for U11’s
Currently looking to recruit players (girls) born in 2007 to join a new U/11 netball team. Training sessions Tues 4.30 - 5.30pm. Games Saturday mornings at the Chelsea Netball Association courts. For details phone Kimberley on 0419 591 958.

Edithvale Netball Club - New Players for U11’s
Edithvale Netball Club are looking for girls/boys born 2007 to join a team. Training is Monday at 4pm-5pm. Games are Saturday morning’s at Chelsea Netball Courts. Please call Sam McGuire on 0434 894 890 if you are interested.

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**EVOLVE**
ALL STAR CHEERLEADING

- New cheerleading gym in Cranbourne West
- Open Day THIS SATURDAY 10:30-2:30
- Free trial classes and activities
- Teams for all ages and abilities
- Join Australia’s most exciting team sport!

Facebook: www.facebook.com/evolveallstars

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**Act Create, Communicate!**
Boost your child’s creativity, confidence and communication skills.

Classes in Patterson Lakes
95306080
www.helenogrady.com.au