**DIARY DATES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 27 November</td>
<td>Yrs 5 &amp; 6 Hoop Time State Finals Future Star Team in Dandenong 8.15am</td>
</tr>
<tr>
<td>Mon 30 November</td>
<td>Senior School Assembly 2.55pm 2016 Environmental Leaders - Boat trip on Port Phillip Bay - 11am - 4.45pm</td>
</tr>
<tr>
<td>Tues 1 December</td>
<td>Life Ed Van</td>
</tr>
<tr>
<td>Wed 2 December</td>
<td>Yr 2 Puffing Billy Excursion 9am Yrs 5 &amp; 6 Making Our Mark Sale Day</td>
</tr>
<tr>
<td>Thur 3 December</td>
<td>Yr 6 Public Transport Incursion</td>
</tr>
<tr>
<td>Fri 4 December</td>
<td>Yr 1 PARC Excursion 9.30am- 12.45pm Second hand uniform sale 3pm - 4pm outside the Yr 6 rooms</td>
</tr>
<tr>
<td>Mon 7 December</td>
<td>Yr 6 Graduation Rehearsal #2 9am - 1pm Junior School Assembly 2.55pm</td>
</tr>
<tr>
<td>Tues 8 December</td>
<td>Yrs Prep - Yr 5 Up Day Yr 6 Transition to Secondary School Prep 2016 Orientation Day 10.30am - 1.30pm</td>
</tr>
<tr>
<td>Wed 9 December</td>
<td>Yr 6 St Johns First Aid Course at school 9am - 1pm</td>
</tr>
<tr>
<td>Thurs 10 December</td>
<td>Yrs 5 &amp; 6 Beach Day at Bonbeach Life Saving Club 9am - 3.30pm Last day for the uniform shop for 2015 3.15pm - 3.45pm</td>
</tr>
<tr>
<td>Fri 11 December</td>
<td>Prep - Yr 2 Junior School Athletics Carnival on the school oval</td>
</tr>
<tr>
<td></td>
<td><strong>Last Day of the Canteen for 2015</strong></td>
</tr>
<tr>
<td>Mon 14 December</td>
<td>Whole School Assembly (incorporating Winning House) 2.55pm Yr 6 Graduation at Patterson River Golf Club 6.30pm - 9pm</td>
</tr>
<tr>
<td>Tues 15 December</td>
<td>School Council Meeting and Dinner 6.30pm</td>
</tr>
<tr>
<td>Wed 16 December</td>
<td>Prep Graduation in the hall 9.15am Yr 6 BBQ at Roy Dore Reserve 9am - 2.30pm</td>
</tr>
<tr>
<td>Fri 18 December</td>
<td>Farewell Assembly for Yr 6 at 1pm in the courtyard and our 2016 school leaders will be announced End of Term 4 - 1.30pm dismissal time</td>
</tr>
<tr>
<td>Wed 27 January</td>
<td>Uniform Sales Day 10am - 1pm</td>
</tr>
<tr>
<td>Thurs 28 January</td>
<td>Yrs 1 - 6 return to school 9am Preps 9.30am - 12pm or 1pm - 3.30pm</td>
</tr>
</tbody>
</table>

**ENVIRONMENT LEADERS FOR 2015/2016**

Thank you to our outgoing Environment Leaders who have done an excellent job representing our school over the past 12 months. Kai K, Jack M, Dillon H, Hannah V, Natalie M & Molly K will hand over the reins to our four newly selected leaders for the next 12 months.

The task of selecting our new leaders was extremely difficult with the high quality of the applicants who applied and the fact that we had to reduce our numbers from six to four due to the growing number of schools involved in the Dolphin Research program. Congratulations to Max W (5B), Victoria G (5C), Beth R (5C) and Lena F (5A) who were selected for 2015/2016. These students will be participating in their first activity on Monday, 30th November which will be an introductory activity comprising of a boat trip on Port Phillip Bay from Sorrento to hopefully swim with dolphins and seals.

We look forward to hearing from them about their experiences over the next 12 months. Thank you to Ms Lamaro who will be the co-ordinator of our 2016 Environment Leaders.

**COMMUNITY CODE OF PRACTICE**

Patterson Lakes Primary School has a Community Code of Practice. To ensure the best outcomes for your children we expect members of the community to:

- Support teachers in the educational expectations of children.
- Provide the school with any information that will assist their child’s education.
- Display respectful, courteous and responsible behaviour in all interactions with students, staff and other community members.
- Adhere to the formalities set pertaining to etiquette and courtesy.
- Adhere to the procedures and make appointments where there is a concern that needs to be discussed.
- Support the implementation of the Student Code of Conduct.
- **Adhere to attendance and punctuality procedures.**
- Support their children wearing school uniform.
- Attend parent-teacher meetings.
- **Read school newsletters and information notices.**

The majority of community members at our school do the right things all the time. However, recently it has come to my attention that a couple of the areas highlighted above are of concern.

It is very important that if students are absent that an explanation needs to be provided via phone call, letter or email. There is also concern that our office staff receive a large number of phone calls from parents who have not read the weekly newsletter or notices that have been distributed. Please ensure that all newsletters and notices are read carefully.
**STUDENT OF THE WEEK AWARDS**

Congratulations to the following students who won our ‘Student of the Week’ awards for Week 8 of this term. Students will receive their certificates at their next assembly. Keep up the great work everyone!

Prep C – Sophie J for being a focused and dedicated learner. You have worked hard to develop your Maths skills.

Prep D – Allegra S for helping make our Prep D classroom a wonderful place to be. Your smile and kindness always brightens our day.

1A – Dylan W for making great strides in all areas of the curriculum this semester.

1B – Hayley T for being a delightful member of 1B this year. Hayley you have been a pleasure to teach.

1C – Shae M for being a superstar classroom member. You are an amazing helper and friend to all.

1/2Z – Oscar H for being a great scientist. Well done “Professor Bubbles”.

1/2Z – Matilda F for fantastic story writing.

1/2Z – Alana T for having a great time learning everyday.

2A – Henussi B for being a Mathletics wizard.

2B – Zoe R for using Mathletics regularly and working really hard to become a good mathematician.

2C – Ellie H for always trying her best even when it gets hard. Keep up the wonderful effort Ellie!

2C – Connor O for embracing reading and enjoying our reading sessions. Keep up the great effort Connor!

3A – Toby F for working hard to maintain his concentration during class discussions. Excellent effort Toby!

3A – Starlett M for being a lovely classmate at all times. Terrific work Starlett!

4A – Madi T for excellent application and effort during a busy time.

4B – Will B for being a positive and friendly student who works well with others.

4C – Stirling F for always upholding the school values of integrity, respect and excellence.

5B – Shaun N for consistently upholding the school values and working hard all throughout the year.

5D – Axcel M for continuing to achieve good results in the classroom and showing resilience in the yard. Well done!

**SPECIALIST CLASS AWARDS** for last week were:


Congratulations to these classes on their super efforts with our specialist teachers.

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**HAPPY BIRTHDAY**

Happy Birthday to the following students who are celebrating their birthday during the next week. We hope you have a lovely day.

<table>
<thead>
<tr>
<th>NAME</th>
<th>BIRTHDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Flynn T</td>
<td>26 November</td>
</tr>
<tr>
<td>Dino O</td>
<td>27 November</td>
</tr>
<tr>
<td>BJ Avery</td>
<td>27 November</td>
</tr>
<tr>
<td>Shania P</td>
<td>27 November</td>
</tr>
<tr>
<td>Justin D</td>
<td>28 November</td>
</tr>
<tr>
<td>Lucas M</td>
<td>28 November</td>
</tr>
<tr>
<td>Hannah M</td>
<td>28 November</td>
</tr>
<tr>
<td>Sienna O</td>
<td>29 November</td>
</tr>
<tr>
<td>Mikayla M</td>
<td>30 November</td>
</tr>
<tr>
<td>Timothy M</td>
<td>2 December</td>
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</tbody>
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**UNIFORM SHOP**

In preparation for the end of year stocktake the last day for the uniform shop this year will be Thursday 10th December 2015 3.15pm – 3.45pm.

Thank you.

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**2016 STUDENT BOOKLISTS AND CHARGES**

Student booklists and a schedule of charges for 2016 will be sent home with students on “Up Day” Tuesday 8th December. Details of payment plans and payment options available will be included.

Please contact the office for a copy if you do not receive a booklist from your child on the day.
FOOD FOR FAMILIES PROJECT

Patterson Lakes PS and the Junior School Council have decided to support the Food for Families project, assisting families with non-perishable items and toiletries at a time that is often a difficult time of year for families in need in our community.

We have chosen to support this project, sponsored by the Wesley Mission and Moorabbin Leader Newspaper, by asking students to bring these donations from home which will be collected in their classrooms and sent off by Thursday the 18th of December.

Thankyou for your generosity in advance.

Kind Regards
Mark Koppens and the JSC

SECOND HAND UNIFORM SALE

Parents and Friends Association are holding a second hand uniform sale on Friday the 4th of December from 3pm - 4pm outside the Yr 6 Rooms.

Uniforms will be going out for just $5.00 and all will be in good to very good condition. There are a range of windcheaters, shorts, summer and winter dresses as well as a few school bags.

Be warned, due to a successful response with our previous sales it would be wise to get there quick.

See you there!

YEAR 5 & 6 MAKING OUR MARK PROJECT

Dear Parents/Carers,

As part of the Year 5/6 curriculum this year we have been learning about the economics and marketing behind selling a product. Students have been working in teams to budget for, create, market and sell a product at a school market.

The school market will be open to all students from Prep to Yr 4 to attend with their classes as customers. **Please note this event is for students ONLY. Parents are not required to attend.**

Each product for sale at the market will cost no more than $5. We encourage all students to bring along a little money to spend. It’s a great opportunity to purchase some Christmas presents.

The market will be held on Wednesday 2nd December between 9:45am and 11:00am in the school hall. Students will attend with their classroom teachers. Stock at the market will be limited, so a ‘first in best dressed’ policy will apply.

In line with the title of this unit of work, all profits generated from the ‘Making Our Mark’ program will be put towards a Yr 5/6 legacy project, as a reminder of the students’ great contribution during their time at Patterson Lakes Primary School. This year we will be using the money to place seating on the school oval.

We look forward to seeing everyone there.

Kind Regards
Year 5/6 Teachers
Creating Resilient Families

Andrew Fuller

Andrew has been a principal consultant to the national drug prevention strategy REDI, the ABC on children’s television shows, is an Ambassador for Mind Matters and is a member of the National Coalition Against Bullying.

Save the date:

Thursday 18th February 2016

7.30-9.00pm

Patterson Lakes Primary School

$5 per head

We all want our children to be resilient.

This talk outlines the key factors as well as what adults can do to promote this in kids.

As Andrew describes, resilience is “the happy knack of being able to bungy jump through the pitfalls of life – to rise above adversity and obstacles.”
We're collecting food for families in need this Christmas

Patterson Lakes Primary School has signed up to collect non-perishable food for families in crisis in the lead-up to the festive season.

It's all part of Wesley Mission Victoria’s Food for Families appeal, which helps families who are struggling with the basic cost of living by providing nutritious food and household essentials, at Christmas time and all throughout the year.

We’re calling on all staff / parents / students to donate non-perishable food and household essentials, which will go directly towards families in need this festive season. Whether it’s a single can of food, or a whole bag of groceries, your donation will mean that a local family will be able to put food on the table this Christmas.

A donation box is located in your child’s class. Drop your donations in the box anytime up until the last week of school, which is when it will be collected by the Food For Families team. If you have any questions, get in touch with our Food For Families champion, your Junior School Council and Mark Koppens.

Wesley is encouraging people to consider donating items that are most in need by families and people experiencing homelessness. These include pasta and pasta sauces, ready-to-eat meals, baby food, breakfast cereal and essential toiletries.

About Food for Families:
This is the 24th year of Wesley Mission Victoria’s annual Food for Families appeal. The non-perishable food and household essentials collected mean that families and individuals experiencing crisis and homelessness can put a meal on the table at Christmas time and all throughout the year. Last year, Wesley collected almost 48 tonnes of donations, providing food for 20,000 families of four throughout the year ahead. This year, with your help, our aim is to collect even more.

Suggested donations

Thanks so much for participating in this year’s Food for Families appeal. To help you purchase and collect items that are most needed by families that we work with, we’ve compiled this list.

Whether it’s a tin of baked beans, or a shopping bag of essentials, every donation will make a real difference. You can give a little and change a lot this Christmas, by giving food for Melbourne’s most vulnerable families.

**NON-PERISHABLE FOOD ITEMS**

<table>
<thead>
<tr>
<th>Pasta and pasta sauce</th>
<th>Tinned fruit and vegetables</th>
<th>Sandwich spreads</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tomato paste</td>
<td>Baby food</td>
<td>Cheese spreads</td>
</tr>
<tr>
<td>Tinned and ready to eat meals</td>
<td>Canned meals with ring pull lids</td>
<td>Breakfast cereals, muesli bars, breakfast bars</td>
</tr>
<tr>
<td>Soups and curries</td>
<td>Stir fry sauces</td>
<td>UHT (longlife) milk</td>
</tr>
<tr>
<td>Tomato sauce</td>
<td>Coconut milk</td>
<td>Biscuits</td>
</tr>
<tr>
<td>Rice</td>
<td>Instant noodles in a cup/bowl</td>
<td>Tea bags, instant coffee, milo</td>
</tr>
<tr>
<td>Tinned tuna, salmon, sausages, ham</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**TOILETRIES**

<table>
<thead>
<tr>
<th>Nappies</th>
<th>Shampoo and conditioner</th>
<th>Sunscreen</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deodorant</td>
<td>Face washers</td>
<td>Toothpaste and toothbrushes</td>
</tr>
<tr>
<td>Feminine hygiene products</td>
<td>Toilet paper</td>
<td></td>
</tr>
</tbody>
</table>

Give a little. Change a lot.
Improve your child’s concentration at home

Like any skill, concentration can be improved and made automatic.

To accomplish any task you need to be able to concentrate your attention for a time. It is a requirement for learning. Kids not only need to be able to focus on tasks but to stay in the one place long enough so they can listen to and follow instructions.

Most kids, from time to time, will experience some concentration or focusing difficulties. This is particularly true when they are over-tired, over-stimulated or over-loaded. However some children due to either their physiology or psychology have greater difficulty focusing on tasks and on people than others. Either they find settling into or starting a task a problem or they lose focus easily and leave tasks half done.

There are many things you can do at home to impact on children’s concentration levels. Like any skill, concentration can be enhanced and made automatic. The trick to effective concentration is to know what to concentrate on and what to filter out.

Here are five ideas you can use to help kids to concentrate better:

1. Attend to their physiological needs:
   Most children and teenagers concentrate best after nine hours sleep so make sure they get sufficient sleep. Reduce sugar intake and increase protein levels with lean meat, almonds and eggs. This stimulates their dopamine levels which make concentration easier, particularly for lethargic kids. Frequent breaks for exercise have a similar effect.

2. Remove distractions at home:
   List the distractions at home that may prevent your child from concentrating. These include: noise, people, lighting, fighting, fatigue and hunger. List ways to eliminate or reduce, and work at them systematically.

3. Create the mood for concentration:
   Calming background music, placing a fish tank (with fish) in a place of work and removal of fluorescent lights are some simple ways to make the environment more amenable for concentration. These strategies have been used successfully in overcoming concentration problems in many boy-friendly schools.

4. Introduce sequencing and organisation activities:
   The link between sequencing and concentration is a strong one. Following recipes, setting the table and putting things in alphabetical order are great activities for kids who have concentration difficulties. Board and card games promote children’s ability to focus on tasks as well.

5. Figure out what activities your child focuses on best:
   Some kids concentrate better when they are involved in hands-on activities, while others focus better when there are plenty of visual cues to help them. That’s why teachers use hand signals such as ‘hands on heads’, and ‘fingers on lips’ to indicate quiet. Look for activities that your child gets lost in; and those activities that they can spend literally spend hours in. These activities enhance children’s concentration levels.

Like any skill, concentration can be improved and made automatic. Anyone who has learned to drive a car will have had the experience of thinking, ‘How will I concentrate on all these things?’ Extensive practice allows for the pathways of concentration.

It helps before you begin to assist kids to concentrate better if you pay close attention to their pattern of concentration and see if there are links between diet, their energy pattern, sleep and your own behaviour.

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For more ideas, support and advice for all your parenting challenges visit: www.parentingideas.com.au

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**Christmas Hand Made Market**
Includes a silent auction with proceeds going to the family of Andrea Lehane

Sunday November 29th
Banyan Fields Primary School
Cadles Rd, Carrum Downs
9AM – 2PM
(Stalls available - contact Carol on 0432617730)

**Mordialloc Community Centre - January Holiday Program**
Finish your school holidays with fun activities including Gravity Zone and Laser Tag. Email gemma@mordicc.org.au for the full program and to make a booking or call 9580 3675.

**City of Kingston School Holiday Program**
Enrolments start Monday 16th Nov - Friday 4th Dec. Go to www.kingston.vic.gov.au/schoolholidayprogram or contact Julie on 9581 4846 or Kim 9581 4875 for details.

**Olympic Ice Skating Centre - 2 Ice Shows**
1. Silver Blades Ladies Club Wed 9 Dec 10.45am - 12pm.
2. The 2015 End of Year Show Sat 12 Dec 5pm - 7pm. 1080 Centre Rd, Sth Oakleigh. For details visit www.ofsc.org.au.

**City of Kingston’s 2015 Beach Festival**
Saturday 12th December 12pm - 4pm at Waves Leisure Centre. For more information phone 1300 369 436 or visit www.kyfs.org.au. Free entry for the first 100 (12-14 yr olds)

**Explore Lost Worlds - Kingston Libraries**
Summer Reading Club at Kingston Libraries begins 30th November. Join for your chance to win great prizes. Visit Kingston Libraries to register or phone 1300 135 668.

**City of Kingston’s Centre**

**TRADD**
TANIA ROBINS
Academy of Dance

‘First Steps’ Music & Dance, Ballet, Jazz, Tap, Contemporary, Lyrical & Musical Theatre
Patterson Lakes Community Centre
54-70 Thompson Rd Patterson Lakes
Ph: 0414 628 096 Email: taniarobins@hotmail.com

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